

Additional Document for South West Ross Community Car Scheme Conversion to a SCIO application:

Answers Continued:

Q8a: Main Activities Continued:

The car scheme also works closely with local medical practices to make regular deliveries of prescriptions to local residents, reducing the number of journeys needed as well as reducing the footfall in the local medical practices in order to protect staff and residents from the risk of spreading infection.

Due to the remote nature of the area, longer journeys are also needed to access hospital and other medical appointments which are unavailable in the immediate area. These journeys are undertaken in cooperation with the local medical practices and NHS Highland.

The volunteer telephonists regularly contact isolated and more vulnerable people by phone to check on their health and well being and to see if they are in need of anything. This reduces the isolation some people face and provides a link to the wider community.

Q8b: Delivery of Activities Continued:

The delivery of hospital runs, meals for lunch clubs, prescriptions and other medical runs are also undertaken with the close cooperation of the three local medical practices. Funding is currently provided by NHS Highland and the Highland Council and the organisation works closely with the local authority transport team to ensure that the activities tie in with any public transport provision.

The organisation has developed protocols for the car runs, particularly in response to the covid pandemic, ensuring that volunteers and passengers follow health and safety guidelines and contribute to a safer community. All volunteers follow a code of conduct developed from Safeguarding policy and procedure.

Q8c: Providing benefit to the public

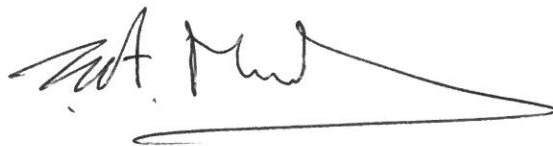
South West Ross Community Car Scheme operates in the remote area of South West Ross in the Highlands of Scotland covering the villages of Achnasheen, Kinlochewe, Applecross, Shildaig, Torridon, Diabaig, Lochcarron, Strathcarron and the areas between. It is an area with a population of over 5,000 and is served by four community councils and three medical surgeries. Public transport is sparse and does not cover all villages or areas. The nearest hospital facilities are over 40 miles away and there are currently no optician services within the area. Dental services are also stretched which often leads to residents seeking services outwith the area. For those who, for whatever reason, do not have access to personal transport accessing social events, community meetings, local and regional services such as medical services can be exceptionally difficult. South West Ross Community Car Scheme works with local people and organisations to support residents to overcome these difficulties by organising and delivering community transport through the use of volunteer drivers who are booked through a telephone booking service staffed by volunteers.

The delivery of community transport runs has a number of beneficial effects for the local residents:-

1. Linking with friends and family providing support, improved mental health and reducing isolation.
2. Supporting isolated people to be part of community events and activities
3. Accessing the medical services needed to ensure continued health.

4. Supporting independent living for longer periods.
5. Getting prescriptions needed for continued health and well being.

Please see our 2021/22 Annual report attached and further information is available on our website www.swrc-carscheme.co.uk

A handwritten signature in black ink, appearing to read 'R.A. Munday', with a long horizontal flourish extending to the right.

R.A. MUNDAY

19.01.2023